

ABUSE AND ILL TREATED BY
CLUSTER B1 INHOUSE DOCTOR

ATTN: SINGAPORE MEDICAL COUNCIL

To whom it may concern,

ON THE 18 DECEMBER 2017, I WAS INSTRUCTED TO GO TO CLUSTER B1 CLMC FOR MEDICAL TREATMENT IN MEDICAL WARD. UPON REACHING CLMC, I WAS BEING HANDCUFF BY PRISON STAFF AS I THOUGHT IT WAS A PROTOCOL SO I KEPT QUIET. AFTER PRISON STAFF HAD ALREADY BRING ME TO TRIAGE FOR THE NURSE TO CHECK ^(B.P. 179) THEY BRING ME TO PSYCHIATRIST WARD BUT I ASKED THEM WHY PUT ME IN PSYCHIATRIST WARD AS I HAVE NO PSYCHIATRIC PROBLEM ~~OR EITHER~~ ^{NOT EVEN} TAKING PSYCHIATRIST MEDICATION. THEY TOLD ME IT'S DOCTOR INSTRUCTION. I REQUESTED TO SEE THE ^{PRISON} STAFF THAT INFORMED ME EARLIER ON THAT I WOULD BE PLACE IN MEDICAL WARD BUT WAS NOT ALLOW TO DO SO. I WAS PLACE IN A HOLDING ROOM FOR AROUND 30 MIN. I ASK FOR WHEELCHAIR BUT ~~AND~~ WAS DRAGGED BY PRISON STAFF TO ISOLATION ^{CELL} WARD 2. I WAS HANDCUFF ^{PRISON} BOTH MY HANDS AND ^{BOTH} MY LEG TO A METAL BED. I ASKED THE STAFF WHY AM I BEING TREATED THIS WAY AND WHAT THEY TOLD ME WAS BECAUSE I HAVE NOT BEEN EATING FOR 4 DAYS AND THIS IS ALL DOCTORS INSTRUCTION WE CANT DO ANYTHING TO HELP YOU. I DID EXPLAIN WHY I DID NOT EAT BECAUSE MY PACKET FOOD WAS MIX WITH VEGETABLE AND I CANT EAT VEGETABLE FROM YOUNG COZ I WILL BE VOMITING OUT WHATEVER I EAT IF I DO SO. THE PRISON STAFF ASK ME TO TELL THE DOCTOR AND I TOLD THEM THAT THE DOCTOR KNEW ABOUT MY PROBLEM AND I EVEN REQUESTED FOR A NON VEG / LOW RESIDUE DIET BUT WAS DISAPPROVED. STAFF NURSE WANTED TO PUT A DRIP ON ME AND EVEN ASK ME TO EAT AND DRINK BUT I REFUSE DUE TO THE HANDCUFF OF BOTH MY HANDS AND LEGS. I TOLD THEM WHAT IF I WANT TO GO TO TOILET BUT THEY SAY I CAN JUST DO IT ON MY BED AS THERE WILL BE SOME INMATES HELPER TO CLEAN UP, I ~~REFUSE~~ ^{REFUSED} BECAUSE THIS IS NOT CALLED PROPER TREATMENT. CHECK MY SUGAR LEVEL AT NIGHT AND IT WAS 3.6

19 DECEMBER 2017, STAFF NURSE CHECK MY SUGAR LEVEL IT WAS 3.3, AND AROUND 10AM A PSYCHIATRIST DOCTOR CAME AND SEE ME ASKING ME A FEW QUESTION. HE THEN INSTRUCTED THE PRISON STAFF TO RELEASE BOTH MY LEG CUFFS ^{AND} ONE HAND CUFF. HE ASKED PRISON STAFF WHY AM I BEING CUFF AND PRISON STAFF REPLIED 'DOCTORS INSTRUCTION'. PSYCHIATRIST ALSO TOLD THEM THAT I HAVE NO PSYCHIATRIST ISSUE. DOCTOR CAME BUT DID NOT EVEN CHECK ME, HE WAS JUST STANDING OUTSIDE THE CELL DOOR LOOK AT ME AND WENT OFF.

I DID ASKED PRISON STAFF WHY AM I STILL BEING CUFF AND HE WENT TO CHECK WITH STAFF NURSE. CAME BACK AND TOLD ME THAT DOCTOR STILL WANT ME ON 1 CUFF. I TOLD THE PRISON STAFF THAT THEY DO HEARD WHAT THE PSYCHIATRIST SAY BUT THEY TOLD ME THAT THE IN HOUSE DOCTOR STILL DONT WANT TO LET ME GO. DURING BATHING, I WAS STILL HANDCUFF TO THE BED COZ PRISON STAFF TOLD ME THAT DOCTORS INSTRUCTION WAS NOT TO UNCUFF ME. WHILE ONE OF MY HAND WAS BEING CUFF TO THE BED, THE INMATES HELPER BRING ME A PAIL PUT IT BESIDE ME WHILE 1 SQUAD BESIDE MY BED TO BATH. I WAS ALSO NOT GIVEN A TOOTHBRUSH AND A SOAP DURING THAT TIME. AT NIGHT AROUND 9 PLUS, STAFF NURSE CHECK MY BLOOD SUGAR AND IT WAS 2.4. AROUND 30 MIN LATER WHILE I WANTED TO URINE I BLACK OUT AND I WAS SEND TO A&E AT CHANGI GENERAL HOSPITAL BY AMBULANCE. I WAS WARDED AT CHANGI GENERAL HOSPITAL IN WARD 34. DOCTOR IN CHANGI GENERAL HOSPITAL ASK ME WHY I HUNGER STRIKE? I TOLD THEM THAT I'M NOT HUNGER STRIKING, IT'S JUST THAT I CANT EAT MY MEAL WHEN IT'S MIX OR TOUCHES VEGETABLE.

I WAS DISCHARGED FROM CHANGI GENERAL ON 21.12.2017. BEFORE I WAS DISCHARGED, DR [REDACTED] FROM CHANGI GENERAL HOSPITAL CAME TO SEE ME IN THE MORNING IN WARD 34. HE TOLD ME THAT HE HAD ALREADY WRITTEN A MEMO RECOMEND-ING ME HAVE A NON VEG / LOW RESIDUE DIET. WHEN I CAME BACK TO B1 CLMC, I WAS PUT IN ISOLATION WARD 2 AGAIN WITH A HANDCUFF AND A LEG CUFF, OFFICER TOLD ME THAT IT'S DOCTOR INSTRUCTION.

ON THE 22.12.2017, DOCTOR CAME IN THE MORNING STANDING OUTSIDE THE CELL WITHOUT EVEN CHECKING ME. BATH WITH LEG CUFF.

ON 23.12.2017
A RELIEF DOCTOR CAME / STAFF NURSE TOLD ME THAT THE RELIEF DOCTOR WANTED TO UNCUFF ME BUT WHEN HE CHECK THE COMPUTER SYSTEM HE DID NOT DO SO DUE TO OUR IN HOUSE DOCTOR REMARKS. BATH WITH LEG CUFF.

ON THE 24.12.2017 ANOTHER RELIEF DOCTOR CAME AND HE REMOVE ONE CUFF FOR ME. HE TOLD ME THAT HE CANT HELP MUCH COZ HE'S JUST A RELIEF DOCTOR. BATH WITH LEG CUFF.

ON 26.12.2017, IN THE MORNING OUR IN HOUSE DOCTOR CAME IN THE MORNING JUST HAVE A GLANCE AT ME AND WALK OFF WITHOUT CHECKING AS USUAL. I AM SUPPOSED TO HAVE MY TELEVISIT IN THE AFTERNOON BUT PRISON STAFF TOLD ME THAT IT WAS CANCEL DUE TO DOCTOR INSTRUCTION SAYING THAT I'M UNFIT FOR MY VISIT WITH MY FAMILY. HE DID NOT EVEN CHECK ME OR ASK ME ANYTHING. DURING HIS MORNING ROUNDS, HOW DOES HE ACCESS ME UNFIT FOR VISIT?! BATH WITH LEG CUFF.

ON THE 27.12.2017 AS USUAL, IN THE MORNING DOCTOR CAME STANDING OUTSIDE THE CELL ASKING ME IF I'M OKEY WITHOUT CHECKING. I JUST NOD MY HEAD AND HE JUST WALK OFF. I WAS DISCHARGED FROM CLMC ISOLATION WARD 2 AND WAS GIVEN 3 DAYS OF M.C AND I DONT KNOW FOR WHAT. IN THE M.C STATED THAT DR DOCTOR DIAGNOSED ME WITH 'MENTAL AND BEHAVIOUR DISORDER / MULTIPLE DRUG ABUSE PSYCHOACTIVE SUBSTANCES'! I AM JUST HAVING PROBLEM WITH EATING VEGETABLE AND ASKING FOR A NON VEG / LOW RESIDUE DIET, EVEN PSYCHIATRIST PSYCHIATRIST DOCTOR SAY THAT I'VE NO PSYCHIATRIST ISSUE. THIS DOCTOR IS ABUSING HIS POWER AND ILL TREATING ME AND OTHER INMATES.

I'VE REPORTED SICK ON 08.01.2018 DUE TO MY INJURY THAT I WAS ASSAULTED BY PRISON STAFF ON 07.01.2018. THE INJURY I HAD WAS A BUMP ON MY RIGHT FOREHEAD, ABRASION ON MY LEFT ELBOW AND ~~LEFT~~ LEFT KNEE, SWOLLEN RIGHT ~~W~~ WRIST, SPRAINT MY BOTH SHOULDER AND LEFT KNEE. DOCTOR DID COME IN THE MORNING AND I SHOWED HIM ALL MY INJURIES AND TOLD HIM THAT I'M IN PAIN. I SAW HE NOTED SOMETHING DOWN ON A ~~THE~~ PIECE OF PAPER WHICH I CANT SEE WHAT IS WRITTEN BY HIM AND AFTER THAT HE JUST WALK OFF WITHOUT SAYING A WORD OR EVEN CHECK ON ME. I WAS ALSO NOT GIVEN ANY MEDICATION. I WAS STILL IN PAIN AT NIGHT SO I PRESSED THE INTERCOM AND ASKED THE PRISON STAFF TO CALL FOR STAFF NURSE. STAFF NURSE CAME AND TOOK MY BLOOD PRESSURE AND TOLD ME THAT'S IT'S QUET HIGH.

I REPORTED SICK AGAIN IN THE MORNING ON 09.01.2018 BUT WAS NOT ATTENDED BY THE DOCTOR. AGAIN I PRESSED THE INTERCOM AT NIGHT AND ASKED PRISON STAFF TO CALL FOR STAFF NURSE COZ I WAS IN PAIN. I WAS CHECKED BY STAFF NURSE AND WAS TOLD THAT MY BLOOD PRESSURE WAS HIGH. STAFF NURSE DID ASKED ME WHY DID I NOT REPORT SICK THIS MORNING AND I TOLD HIM I DID BUT DOCTOR NEVER COME TO ATTEND TO ME. HE TOLD ME THAT HE WILL WRITE A MEMO TO DOCTOR AND TELL DOCTOR TO SEE ME TOMORROW.

ON THE 10.01.2018, I'VE WAITED FOR DOCTOR TO COME BUT AGAIN HE DONT BOTHER TO COME DESPITE STAFF NURSE WRITTING HIM A MEMO YESTERDAY.

I WENT FOR MY EXTERNAL MOVEMENT TO A3 FOR MY PHYSIOTHERAPY BUT TOLD THE THERAPHIST THAT I'M IN PAIN AND CANT DO THE EXERCISE AND HE POSTPONED MY SESSION TO ANOTHER DATE. I CAME BACK AND TOLD PRISON STAFF THAT I'M NOT FEELING WELL AND THEY CALLED FOR STAFF NURSE TO CHECK ME. MY BLOOD PRESSURE WAS TAKEN IN FRONT OF ME AND I SAW THAT IT WAS 156/106. STAFF NURSE ASKED ME TO HAVE A REST. THIS EVENT WAS ON 12.01.2018.

I'VE REPORTED SICK AGAIN ON 13.01.2018 AND AGAIN WAS NOT ATTENDED BY DOCTOR. AS USUAL STAFF NURSE WILL COME WHEN I PRESSED THE INTERCOM AND ASKED PRISON STAFF TO CALL FOR THEM. MY BLOOD PRESSURE WAS TAKEN AND THEY TOLD ME THAT IT'S HIGH.

16-01-2018, I WENT FOR MY APPOINTMENT IN THE AFTERNOON TO CHANGI GENERAL HOSPITAL. I HAD AN APPOINTMENT IN 'U' CLINIC, BONE SPECIALIST. SPECIALIST DOCTOR DID ASKED ME TO RAISE UP MY HANDS BUT I TOLD HIM THAT I'M NOT ABLE TO DO SO DUE TO MY INJURY. HE ASKED ME WHAT HAPPENED AND I TOLD HIM EVERYTHING THAT HAD HAPPEN TO ME ON 07.01.2018 AND I ALSO SHOWED HIM AT MY INJURIES. I ALSO INFORMED HIM THAT I'M FEELING GIDDY AND FEEL LIKE BLACKING OUT. I WAS SEND FOR X-RAY FOR MY INJURY AND STRAIGHT TO A&E AFTER X-RAY TAKEN. I WAS CHECKED IN A&E AT 17:30PM. DOCTOR TOLD ME THAT MY BLOOD SUGAR IS LOW 3.3 AND MY VITAL SIGN ARE UNSTABLE. AFTER PUTTING ME ON 2 BAGS OF DRIPS, MY CONDITION IS STILL THE SAME. I WAS TOLD THAT I WILL BE WARDED. I WAS WARDED IN WARD 34. AT 23:00PM. NURSE [REDACTED] NOTED DOWN MY INJURIES UPON ADMISSION. DURING MY STAY IN HOSPITAL DOCTOR TOLD ME THAT MY BLOOD SUGAR IS ALWAYS LOW AND MY BLOOD PRESSURE IS ALWAYS HIGH.

IN THE MORNING ON 08.02.2018, DR [REDACTED] WAS ON HIS ROUND IN WARD 34 AND HE TOLD ME THAT HE AND DIETITION HAD RECOMENDED ME MILK AND HE WILL WRITE A MEMO TO PRISON FOR THIS MATTER. I WAS DISCHARGED IN THE AFTERNOON AROUND 3:00PM. I WAS SEND TO CLUSTER B1 CLMC AND WAS PLACE IN AN ISOLATION CELL AGAIN. I TOLD THEM WHY MUST I BE PLACE IN ISOLATION CELL ~~AND~~ WHERE THERE ARE A FEW EMPTY BEDS IN THE NORMAL WARD BUT THEY TOLD ME IT'S DOCTOR INSTRUCTION. I WAS DISCHARGED FROM ISOLATION CELL ~~IN~~ ON THE 09.02.2018 AND WAS GIVEN 2 WEEKS OF M.C BY B1 CLMC IN HOUSE DOCTOR.

REPORT SICK ON 26.02.2018 BUT DOCTOR NEVER COME.

REPORT SICK AGAIN ON 27.02.2018 AGAIN DOCTOR NEVER COME

REPORT SICK ON 01.03.2018, DOCTOR NEVER COME AGAIN

REPORT SICK ON 02.03.2018 DOCTOR NEVER COME AGAIN.

- WHATEVER THAT CHANGI GENERAL HOSPITAL HAD RECOMENDED & GIVEN ME WAS NOT GIVEN TO ME BY DOCTOR HERE DESPITE HAVING A MEMO FROM C.G.H DOCTOR. SUCH AS A RECOMENDATION DIET CHANGE / CO2 I CANT CONSUME ~~THE~~ FOOD WITH VEG CO2 I WILL VOMIT ALL OUT. I'VE BEEN HAVING THIS PROBLEM SINCE YOUNG. EVEN MILK & MOST OF THE MEDICATION THAT HOSPITAL GAVE ME ARE STOPPED AND NOT ALLOW BY DOCTOR HERE. I REALLY NEED WHAT HOSPITAL HAD RECOMENDED & GIVEN TO ME DUE TO MY ^{HEALTH} / CONDITION. DOCTOR HERE HAVE A HABIT OF NOT CHECKING WHEN REPORTING SICK AND ALWAYS GIVE M.C FOR NO REASON / PURPOSE. I FEEL THAT I'M BEING ILL TREATED & ABUSED BY THE DOCTOR HERE ^{SINCE} MY STAY HERE IN CLUSTER B1.